

## The Poole Choir

**Musical Director Wendy Morrow**, a professional music teacher, performer of folk and world music and also a music therapy practitioner. Wendy is a talented musician and plays harp, flute, piano and guitar and has other choirs.

**Musical Co-director Mark Anstead**, a professional musician who is accomplished at playing and teaching, violin and piano. Mark originally joined Rising Voices in when it was launched in 2013. He is also the Musical Director for St Wilfrids Hospice Choir in Chichester.

**The Trustees & Steering Group for the choirs are all volunteers & include:**

Noeline Young  
Sara Kemp  
Ian Roberts  
Sue Banton

Chair of Trustees  
Vice Chair  
Trustee  
Minutes Secretary

**Steering Group Members include:**

Jacky Adams  
Adrian Bennett  
Sue Banton  
Heather Dixey  
Lynne Burton  
Anita Anstead

Membership Secretary &  
Lyric Librarian  
Minutes

**Clinical champions:**

Dr Dexter Perry  
Dr Maxine Flubacher  
Dr Alastair Smith, Chris Dowie and Gavin Carr (Bournemouth Symphony Chorus).

As a member of Rising Voices Wessex, you are entitled to vote at the AGM  
**Thank you for joining us and we hope you enjoy singing with Rising Voices Wessex.**

NY2026 Rising Voices Wessex community choirs is a registered charity number 1165053.

## Welcome to



## Information for members about our choirs



**The Poole choir normally meets on:**

**Tuesday 6.45-9pm St John's Church, Parkstone, BH14 0AA**

## About us:

Rising Voices Wessex aims to link music and health together. Anyone who has experience of cancer, either personally or who has supported a loved one or friend can join us at our Poole choir. We like to have fun and enjoy each other's company, learn new songs and remember old favourites. No audition, no need to read music!

## Website:

There is lots of information on our website at [www.risingvoices.org.uk](http://www.risingvoices.org.uk) where you can find details **About us**, latest **News**, list of forthcoming events, our photo **Gallery** and links to Facebook.

So do take a look or get someone to show you.

**Lyrics and some backing tracks** are also available on the Rising Voices Wessex website in the **Members Area**. The password is: *riseandsing* written as all one word in lower case.

In this section you will also find the Steering Group **Minutes**, useful if you want to check what's up and coming. In the **Resources** area you will also find those all-important breathing exercises.

There is also the opportunity to **Donate** via Just Giving  
<https://www.justgiving.com/risingvoices-wessex>

## Contact us:

email [admin@risingvoices.org.uk](mailto:admin@risingvoices.org.uk) See our website at  
[www.risingvoices.org.uk](http://www.risingvoices.org.uk) Facebook  
<https://www.facebook.com/RisingVoicesChoir>

**Or Phone/text or leave a message on 07500 676083**

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## Events/performances:

Throughout the year Rising Voices Wessex takes part in events – both formal and informal. If you would like to take part in an event then please add your name to the sign-up sheets that are available on rehearsal nights.

If you are unable to attend an event, please take your name off the sign-up sheet or email admin or text our phone. This is especially important for events where food has been ordered.

**Note:** To take part in an event people need to have been to at least three recent rehearsals.

## The dress code for events:

**Daytime and informal events** – White Rising Voices Wessex polo shirts with black skirt or black trousers, black shoes and Rising Voices Wessex fleeces. Sometimes we may use waterfall cardigans or blue scarves for ladies.

**Evening and formal events** – Black evening dress or black skirt or trousers with a black top and black shoes, blue waterfall cardigan (or blue scarf) for the ladies. Black shirt, trousers, blue tie for the men and black shoes.

**Details of the dress code will be on the sign-up sheet for each event.**

We try to keep the cost of these items down. If you are not sure about buying our branded clothing, we have some spares you can borrow for one-off events. If you have a polo shirt or fleece you no longer require, please return them; spares are always useful. Also available to buy are black folders for lyrics, pin badges, pens and bags.

**Note:** there will be photos and filming during events. If you do not want your photo taken, please inform the photographers.